

COLOUR PLAY

facilitator's guide for leading an easy colour theory workshop



THIS GUIDE



Thank you for hosting Colour Play in your store today! In order to ensure that this workshop goes as smoothly as possible, we have included this Facilitator's Guide for you.

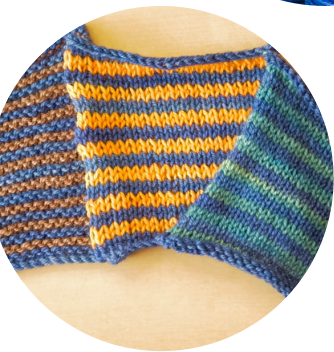
Before you host a Colour Play workshop in your store, please make yourself as familiar as possible with the material. We recommend you complete the Colour Play course online and consult our Lesson Plan (provided here) for an easy and engaging workshop experience.

Happy colour picking!



A handwritten signature in black ink, which appears to read 'Felicia'.

Felicia Lo Wong
Founder + Creative Director, SweetGeorgia Yarns



SETUP

Videos

- Introduction (4:29)
- Essential Colour Theory (8:37)
- Classic Colour Harmonies (8:04)
- Knitting Colour (3:44)
- Conclusion (1:34)

Preparation of Materials

- Wind yarn onto Colour Chips (approx. 2 min/chip X 180 (36 colours, 5 of each colour) chips = approximately 6 hours)
- Print out one Colour Play workbook per student
- Prepare knitting needles of various sizes (or ask students to bring their own)
- Prepare scissors (or ask students to bring their own)
- Knit up example swatches *optional*

Technical Set-Up

In order for students to view the Colour Play videos, you'll need to set up a TV or Projector. Here are some possible options:

- Use an Apple TV and use AirPlay to display the videos on a TV
- Use a TV or large monitor attached to a computer (If you are using a laptop, make sure you also have speakers as laptop speakers usually are not loud enough for a room of people to hear.)
- Use a digital projector and a blank wall (again you'll probably need additional speakers for sufficient sound)

LESSON PLAN

TOTAL TIME: 2 – 2 ½ hours (approx.)

1. Welcome/ Class Introductions *Optional*

Time: 5 – 10 mins

- Some introductions could include explaining the purpose and goals of Colour Play.
- The goal of Colour Play is to introduce basic colour theory to students so they feel confident in creating colour palettes and colour combinations when planning knitting (or other fibre arts) projects.
- By the end of this workshop, each student will have:
 - created 4 colour palettes
 - knit a swatch using one of their colour palettes they created

2. Introduction to Essential Colour Theory

Time: 15 mins

Materials:

- Introduction video (4:29)
- Essential Colour Theory video (8:40)
- Pgs. 4-8 Colour Play workbook

Objective: To introduce students to basic colour theory vocabulary.

- Play Introduction video
- Play Essential Colour theory video
- Have students complete Exercise 1 (Pg. 9) and go over answers with the class (answers are found on the bottom of the page)
- Assign students Exercise 2 (Pg. 12)

LESSON PLAN

3. Exercise 2: Pick some Colours

Time: 9 mins

Materials:

- Pg. 12 Colour Play workbook
- Colour chips

Objective: Have students pick 4 colours with a goal of choosing at least one colour that the student does not usually gravitate towards.

- Once students have chosen their colours, go around the group and ask students to pick their favourite and explain why they chose it. *Optional*
- If students would like to know what colours are available to them, please direct them to Pgs. 26-27 in the workbook

4. Classic Colour Harmonies

Time: 8 mins

Materials:

- Classic Colour Harmonies video (8:04)

Objective: To introduce traditional colour combinations and vocabulary using a colour wheel.

- Play Classic Colour Harmonies video (8:04)
- Assign students Exercise 3 (Pg. 13) only

LESSON PLAN

5. Exercise 3 - Create Classic Combos

Time: 10-12 mins

Materials:

- Pgs. 10-11 of Colour Play workbook
- Pg. 13 of Colour Play workbook
- Colour chips

Objective: Have students build on their previous colour choices and create 3-4 palettes based on the classic colour harmonies. ***Maximum of 10 colour chips***

- Students will have different reactions to this exercise. Soome students will be hesitant and need to rely heavily on the classic colour combinations/ colour wheel to create palettes. Some will be more advenetorous and want to disregard the classic colour harmonies. Steer the more hesitant students towards the colour harmonies on pgs. 10-11 and the colour wheel on pg. 5 of the workbook so they can build confidence. **Please emphasise to the students that they do not need to follow the traditional colour combinations! The focus of this workshop is to explore colour freely!**

LESSON PLAN

6. Exercise 4: Extend and Modify

Time: 10–12 mins

Materials:

- Pg. 14 Colour Play workbook
- Colour chips

Objective: Have students build on their palettes even further by adding more unexpected or unconventional colours in order to help push them outside of their normal comfort zones. ***Maximum of 14 colour chips***

If students are having trouble with this exercise, use Felicia's Picks as examples:

Sapphire + Beach House + Basil + **Pumpkin**

- Sapphire, Beach House, and Basil are all analogous
- Felicia has taken Pumpkin (a complementary hue to sapphire) to add a bit of “pop” and bright warm colour to this palette

Apricot + Nightshade + **Ultraviolet**

- Auburn and Cocoa are more neutral so adding the more vibrant Grape Jelly is more vibrant so it adds interest to the palette

Auburn + Cocoa + Tumbled Stone + **Raspberry**

- Auburn and Cocoa are more neutral so adding the more vibrant Raspberry is more vibrant so it adds interest to the palette

LESSON PLAN

7. Exercise 5: Mix With Multis

Time: 10–12 mins

Materials:

- Pg. 15 Colour Play workbook
- Colour chips

Objective: Have students build on their current palettes even more by adding in a varigated colourway. *Maximum of 18 colour chips*

8. Knitting Colour and Conclusion

Time: 6 mins

Materials:

- Knitting Colour video (3:44)
- Conclusion video (1:29)

Objective: Introduce different stitch patterns (stripes, marls, etc.) that effect colour combinations differently depending on how they are knit up.

- Play both videos
- Direct the students to pgs. 22-23 and 28 in their workbook for directions on how to knit swatches using the stitch patterns Felcia suggested
- Show students swatches knit in stripes, chevrons, waves, marls, and ombré *optional*

LESSON PLAN

9. Knitting Swatches

Time: 30-45 mins

Materials:

- Pgs. 22-23 & 28 Colour Play workbook
- Knitting needles of various sizes
- Scissors

Objective: Have students knit a swatch in one of the palettes they have created during the workshop.

- Have some relaxing music on while everyone enjoys knitting *optional*

10. Further Resources & Community

Time: 5-10 mins

Materials:

- Pgs. 24-25 Colour Play workbook
- Pg. 29 Colour Play workbook
- Encourage students to explore colour further by joining the SweetGeorgia communities on Ravelry and Slack and checking out some of the patterns that include some of the knitting techniques introduced in the Knitting Colour video.
- Let students know the Colour Play videos are available at schoolofsweetgeorgia.com
- Encourage students to post their swatches on Instagram (we love seeing them!) and use the tag: [#sweetgeorgiacolourplay](https://www.instagram.com/explore/tags/sweetgeorgiacolourplay/) and [#schoolofsweetgeorgia](https://www.instagram.com/explore/tags/schoolofsweetgeorgia/)

THANK YOU FOR HOSTING COLOUR PLAY!



sweetgeorgia

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