

## TRANSCRIPT

# Jenny's Stretchy Bind Off

---

Celandine by Stella Egidi utilises Jenny's Stretchy Bind-Off. And it might sound a little fiddly for some with the instructions. So we thought we'd weave up a little video tutorial for you to show you how it's done.

Now, for me, I like to start by knitting the first stitch. And now we're gonna use what's called a backwards yarn over. Typically when we make a yarn over, we go this way. But a backwards yarn over comes from back to front over top the needle, just like that. And knit the next stitch. Now we're gonna take that backwards yarn over and the stitch before it. Pick them both up and carry them up and over the stitch you just knit.

And now we're gonna just repeat that yarn over, backwards yarn over, and knit one process. So backwards yarn over. knit the next stitch. Grab both the yarn over and the stitch before it and pick them up and over the stitch that you just knit. And repeat all the way to the end. And you'll keep going until you have one stitch left and you will pull the remaining yarn right through it. And what you have is a really, really stretchy, stretchy pretty bind off edge.

Now, you might be wondering what you do if the next stitch is a purl stitch, or if you are binding off on a purlwise wrong-side row. In that case, you would work the yarn over as a regular yarn over and then purl. And that's the only difference. Enjoy.